

Cordless 4-in-1 Bio-Pulse Heat/Light Therapy Massager



Function Introduction

Relax meridians, hot compress therapy, vibration massage, improve microcirculation.




1. Display screen
2. Micro-electric switch
3. Heating/Red light switch
4. Vibration switch
1. Long press: Power on/off
2. Micro-electric contact point

Operation Instructions


3. Power on

Long press the power button for 2 seconds to turn the device on or off. After power-on, it defaults to standby mode. Select your preferred mode. The digital tube displays a 20 minute countdown timer.


4. Micro electric physiotherapy function

Press the  button once to activate the micro-electric physiotherapy function. The gear number is displayed as 1. Each press of the micro electric button increases the gear by one. The maximum gear is 9. After reaching gear 9, it switches back to gear 0. Gear 0 is inactive, and gear 9 is the most powerful. The maximum output voltage is $\leq 10\text{ov}$.

5. Heating and red light physiotherapy function

Press the  button once to activate the heating and red light physiotherapy function. The gear number is displayed as 1. Each press of the red light heating button increases the gear by one. The maximum gear is 9. After reaching gear 9, it switches back to gear 0. Gear 0 is inactive, and gear 9 is the most powerful. The maximum temperature is $\leq 60^{\circ}\text{C}$.

6. Vibration physiotherapy function

Press the  button once to activate the vibration physiotherapy function. The gear number is displayed as 1. Each press of the vibration button increases the gear by one. The maximum gear is 9. After reaching gear 9, it switches back to gear 0. Gear 0 is inactive, and gear 9 is the most powerful.

Charging Steps

It is recommended to use a mobile phone charger head with a charging cable connected to the type c charging port for charging. The normal charging time is 3-4 hours. During charging, continuous flashing indicates charging in progress, and a constant light indicates a full charge.

Warm Tips

When using the product, start testing with the minimum settings for micro electricity, temperature, and vibration. Then slowly increase them until you adjust to the most suitable gear for yourself before operating. Do not directly adjust to the maximum setting to prevent skin discomfort.

When using the micro-electric function, do not lightly touch the skin. Apply some pressure to contact the skin to prevent excessive micro current from causing discomfort or scaring you. When using, applying a hot towel compress or applying essential oil to the application area can enhance the effect.

It is recommended to clean the product thoroughly after each use, or use a dry cloth dipped in diluted neutral detergent (such as dishwashing liquid or laundry liquid) to scrub it clean, and then dry it.

The device automatically shuts down every 20 minutes as a normal protection procedure.