# User Manual for Forever ForeVigo SW-300 Waterproof Smartwatch



## **Specifications**

Bluetooth version: v4.2Battery capacity: 180mAh

- Display size: 1.3"

- Resolution: 240 x 240

- Working time: up to 10 days

- Charging time: 2h

- Waterproof certification: IP67



- 1. Touch screen
- 2. Touch button
- 3. Heart rate monitor
- 4. Charging connector

# Charging

Place the smartwatch into a special handle in a way to connect the charging connector with the connector on the handle, and then connect the USB cable to a power source.

# Forever Smart application installation

Find an application called "Forever Smart" in Google Play or App Store shop and install it on the phone.

## Connect the smartwatch with the phone

- 1. Activate Bluetooth in your phone.
- 2. Activate "Forever Smart" in your phone and fill in all personal information in settings.
- 3. Select "Connect smartwatch" in settings.
- 4. Select the model of your smartwatch.
- 5. Click on the appropriate photo of the model you want to connect

To disconnect the Forever ForeVigo from the phone follow the steps below:

- 1. Activate "Forever Smart" on your phone.
- 2. Click "Disconnect smartwatch" in settings and confirm.
- 3. To disconnect the smartwatch from iPhone, click Disconnect smartwatch in settings of "Forever Smart", and then go to "Bluetooth" settings in the phone settings and select "Forget this device"

## **Operations**

- Activation: Press and hold the touch button for 3 seconds.
- Go to menu: Move up / down or left/right.
- <u>Select the function:</u> Move up / down or left/right and click the selected function.
- Confirm: Click on the icon of the selected function
- Exit: Move from left to right
- Return to the main screen: Press the touch button
- <u>Check notifications:</u> Move from left to right on the main screen



## The Forever Smart App

#### Today tab:

- MAIN PANEL the current number of steps, covered distance, the number of burnt calories - click the selected value to display the chart, go to the selected date.
- 2. <u>WEIGHT</u> the current weight of the user and target weight indicated by the user click to display the chart, go to the selected date.
- 3. <u>SLEEP</u> Sleep monitoring from the last night click to see details and go to the history of the measurement.
- 4. <u>HEART RATE MONITOR</u> The current and the last heart rate measurement, click to see details.

### **Activity tab:**

- The list of sports activities divided into types. Click the selected activity to see details and analyze the collected data.

#### Reminder tab:

- Set the type, day of the week, and time of notification you want to receive via the smartwatch. It will vibrate and display the stopwatch icon in order to remind you about a planned activity.

#### Settings tab:

- Call status, time of the last data synchronization, battery level
- My profile Set the profile photo in the application, enter the name, enter the sex, date of birth, weight, and height in order to obtain correct measurements
- Objectives Settings of the target amount of Steps, Distance, Calories, and Sleep. After achieving a given objective, the smartwatch will notify you about this by vibrating and displaying the icon indicating the achievement of an objective.
- Notifications Settings of notifications of the application you want to receive. Select and switch the button to the right to activate a given notification. Move to the left to deactivate them.
- Find the device find the smartwatch by triggering vibrations by pressing the button (Bluetooth connection is required)
- Take a photo click to activate the phone camera and control it via the smartwatch by clicking the camera icon.

#### Advanced settings tab:

- Weather Select the city from which the data regarding current weather will be collected and transferred to the smartwatch, which will display data after entering the weather screen.
- Sedentary Set notification regarding lack of exercise. Select the repetition frequency and the time period in which the reminder will be active
- Drinking water Set the reminders about hydration. Select the frequency and time period in which the reminder will be active
- Do not disturb complete muting of the smartwatch set the time period in which the smartwatch will be inactive and no notifications will be received
- Screen activation turn on to be able to activate the smartwatch screen by wrist movement. The screen will automatically display the time after you move your wrist in order to check the time.
- Google Fit / Apple Health activate this function to automatically synchronize data collected from Google Fit / Apple Health application
- Themes select color version of the application
- Connect / Disconnect the device connect the device with the application or disconnect the current pairing
- Firmware update the current software version and manual update
- Reset restore factory settings of the smartwatch
- FAQ the most frequently asked questions and issues