User Manual for Female Waterproof Smart Watch with Heart Rate KW10 Pro

Specification:

- CPU: NRF52832
- Bluetooth: V5.0
- Memory: RAM 64KB+ ROM 512KB+ external expansion 128Mb
- Resolution: 240 x 240
- Display: 1.09 inches
- Charging method: magnetic charging
- Battery: 180mAh polymer battery
- Waterproof: IP68
- Charging method: magnetic charging
- KW10 Pro Smartwatch supports: English, German, French, Italian, Spanish, Portuguese, Polish, Czech, Russian, Thai, Vietnamese, Japanese, Chinese language

Main functions

Press and hold the side button for 3 seconds to turn the bracelet on. Short-press it to wake up the bracelet while in standby mode. To turn off the bracelet, long-press the side button for 3 seconds.

For the dial section, long-press the dial to enter the section page. Slide right/left to view all, then click to choose the one to be used. Slide up to the Main menu, down to the Status bar, right to Message, and left to Shortcut menu.

Tap the steps icon to view the historical data. Swipe the screen to the right to return to the previous menu or short-press the side key to return to the Dial interface.

The default sleep monitoring time for the bracelet is set from 22:00 to 08:00. If you wear the KW10 Pro smartwatch while sleeping, then you can check the sleep time at 08:00 in the morning. When the bracelet is paired with the app, the sleep data will automatically be synchronized.

Click on the Find Phone icon to find the connected device. Swipe the screen to the right to return to the previous menu, or short-press the side button to return to the Dial interface.

The Female feature allows women to set their cycle period. Once you set up the App and the cycle, there will be a shortcut on the bracelet to access it.

The F Fit App

Scan the QR Code below and download the F Fit app.

To connect to the App, select Login or Registration and follow the steps. After logging tap the watch icon at the bottom to enter the Equipment page. Tap "Bind the New Device" and enter into the Device Selection page. Tap the photo of the KW10 smartwatch and enter the Connecting page. Select manual connection, find the right Bluetooth name of your smartwatch, and tap it.