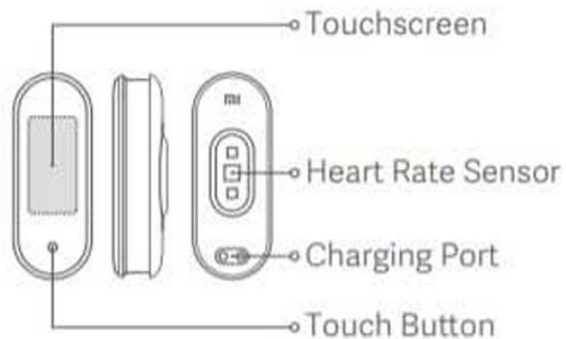


# User Manual for Xiaomi Mi Band 5



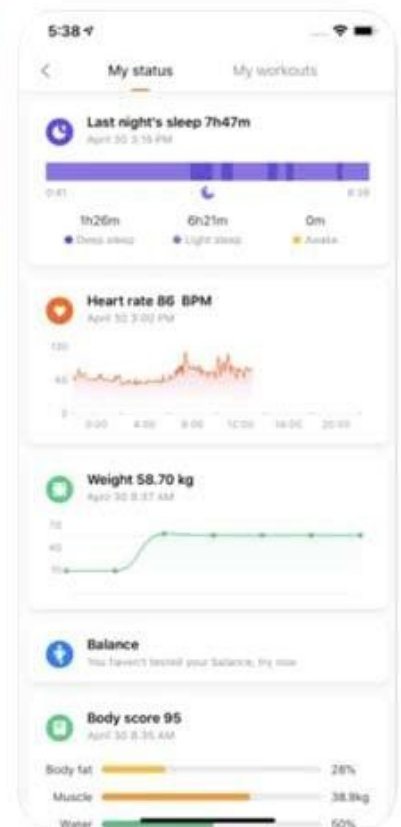
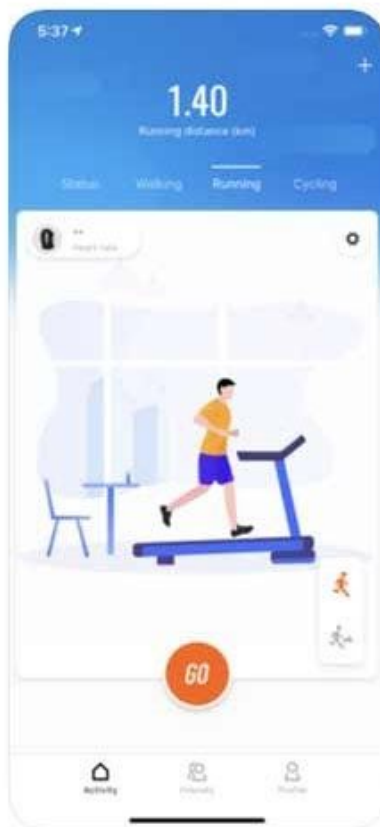
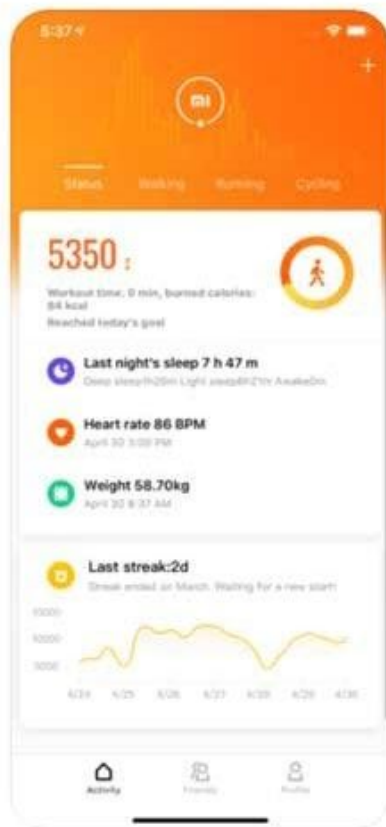
# Specifications:

- Bluetooth version: 5.0
- Screen: 1.1 inch Color AMOLED Display
- Display resolution: 126 x 294
- Touchscreen type: On-cell capacitive touchscreen
- Sensors: three-axis acceleration sensor + three-axis gyroscope, PPG heart rate sensor
- RAM: 512KB
- ROM: 16MB
- Battery capacity: 125mAh
- Battery life: up to 14 days
- Materials: PC and TPU
- Required OS: Android 5.0 or above, iOS 10.0 or above
- Adjustable strap length: 155mm - 219mm
- Dimensions: 46.95mm x 18.15mm x 12.45 mm
- Weight: 11.9g



# Basic operation:

- 11 sport modes: yoga, pool swimming, elliptical machine, skipping rope, etc.
- 24-hour heart rate monitoring and women's health reminder
- 24-hour sleep monitoring - records your sleep quality every night
- Personalize it to your preferences - 100 different watch faces



# Pairing the Xiaomi Mi Band 5 with your device

1. Scan the QR code and download the Mi Fit app from Google Play
2. If you are an iOS user, download the Mi Fit app by searching in App Store
3. Activate the Bluetooth on your device
4. Login to your Mi Account and follow the instructions in the app
5. Xiaomi Mi Band 5 automatically vibrates when it's waiting for pairing request



Mi Fit app QR code  
(Android 5.0 & iOS 10.0 or above)

# How to Use the Xiaomi Mi Band 5

- With touch button and touch screen interface
- Touch the button to activate the screen
- Swipe up or down to view various functions
- Swipe right to return to the previous page