

# **User Manual for Luxury Female Waterproof Stainless Steel Smartwatch with Heart Rate LW07**



## **Specifications**

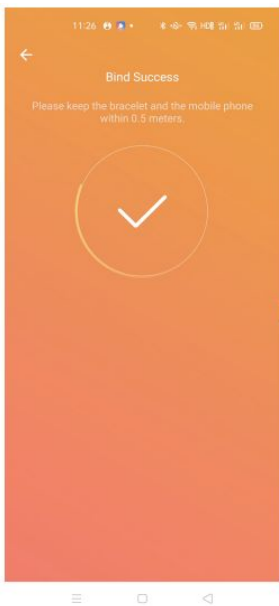
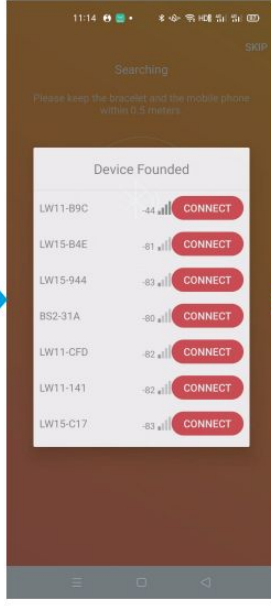
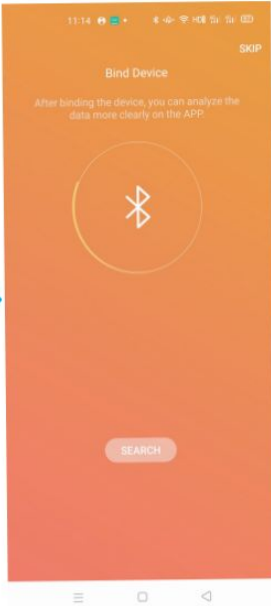
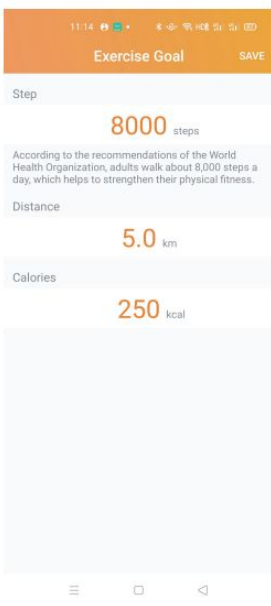
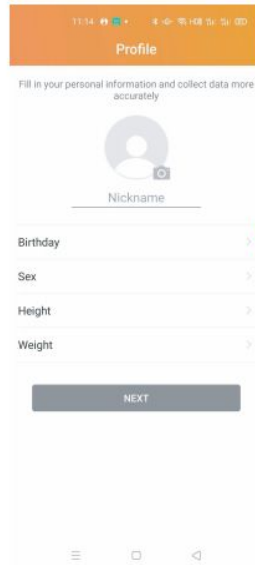
- Bluetooth version: 5.0
- Battery: 190mAh, lithium polymer
- Waterproof rating: IP67
- Display: TFT, 1,09", 240 x 240
- Usage time: up to 7 days
- Standby time: up to 25 days
- CPU: RealtekRTL8762
- Charging method: magnetic charging
- Supported languages: English, Chinese, German, Russian, Spanish, Portuguese, French, Japanese, Italian, Polish
- Dimensions: 41 x 40 x 11mm

## **FitCloudPro App**

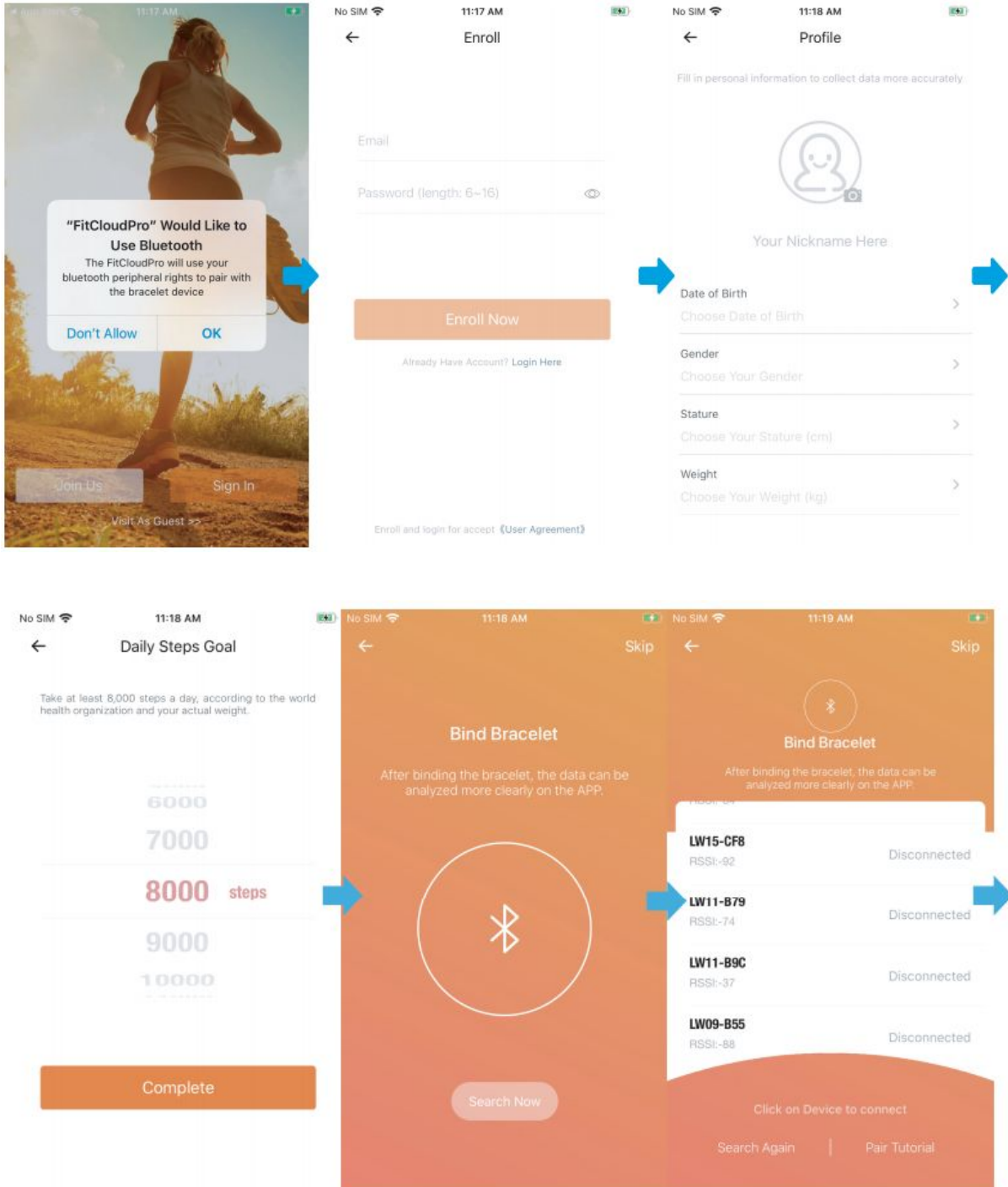
To download the app, search the Google Play Store or App Store for the FitCloudPro app, or scan the QR code below:

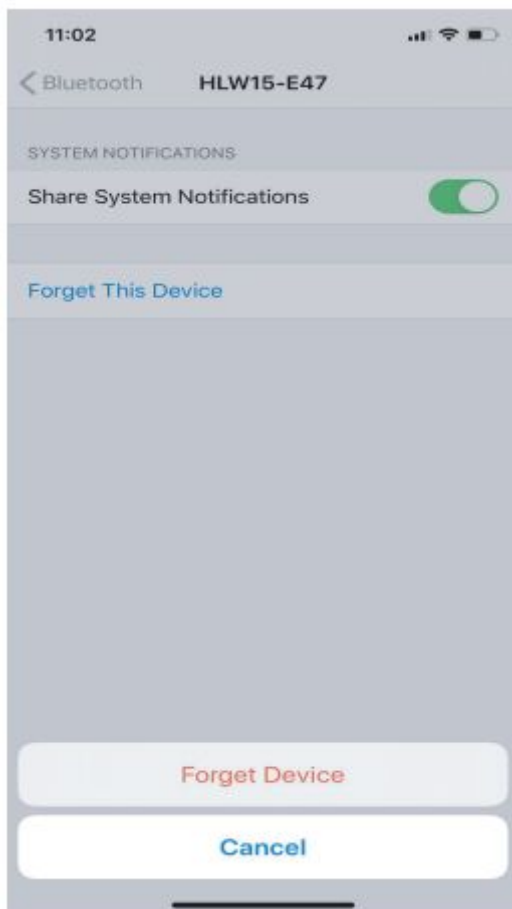
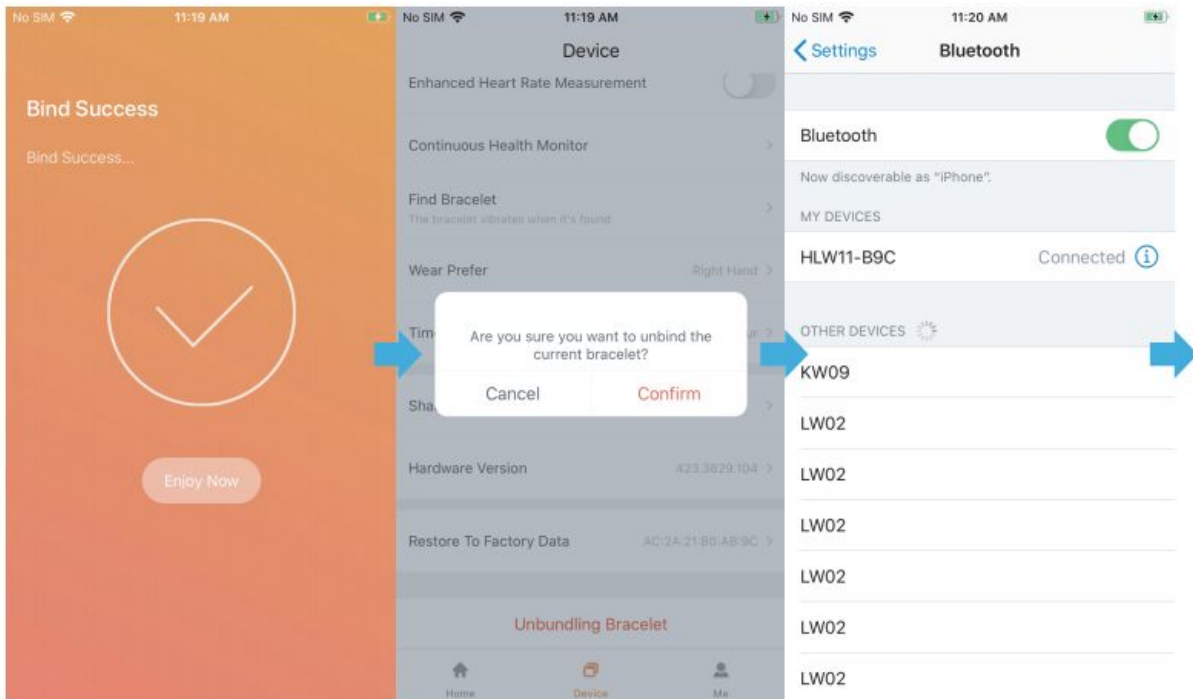


For Android device: Open the app, tap Registration, enter email or mobile phone number to register, enter personal information, select your sports goal, and start searching for your device. Select the corresponding device and bind your device.

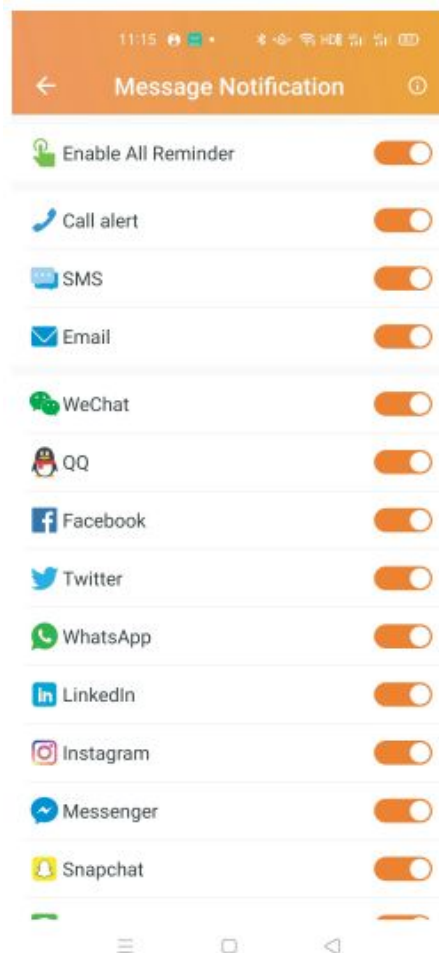
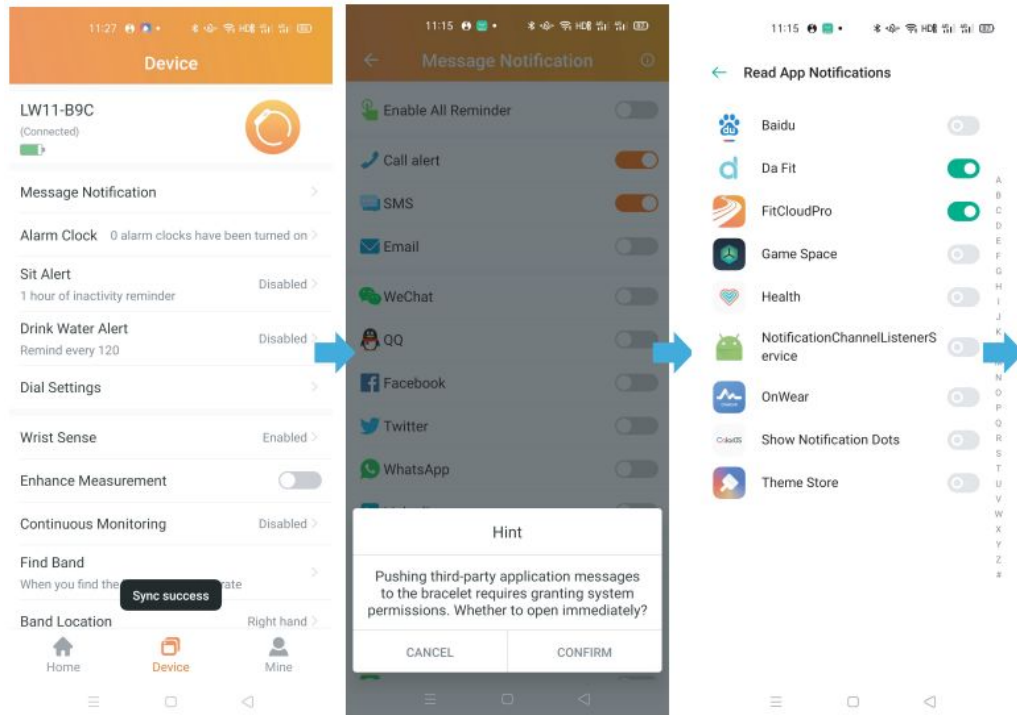


For iOS device: Open the app, tap OK in the prompt, select Registration, enter email or mobile phone number to register, enter personal information, select your sports goal, and start searching for your device. Select the corresponding device and bind your device.

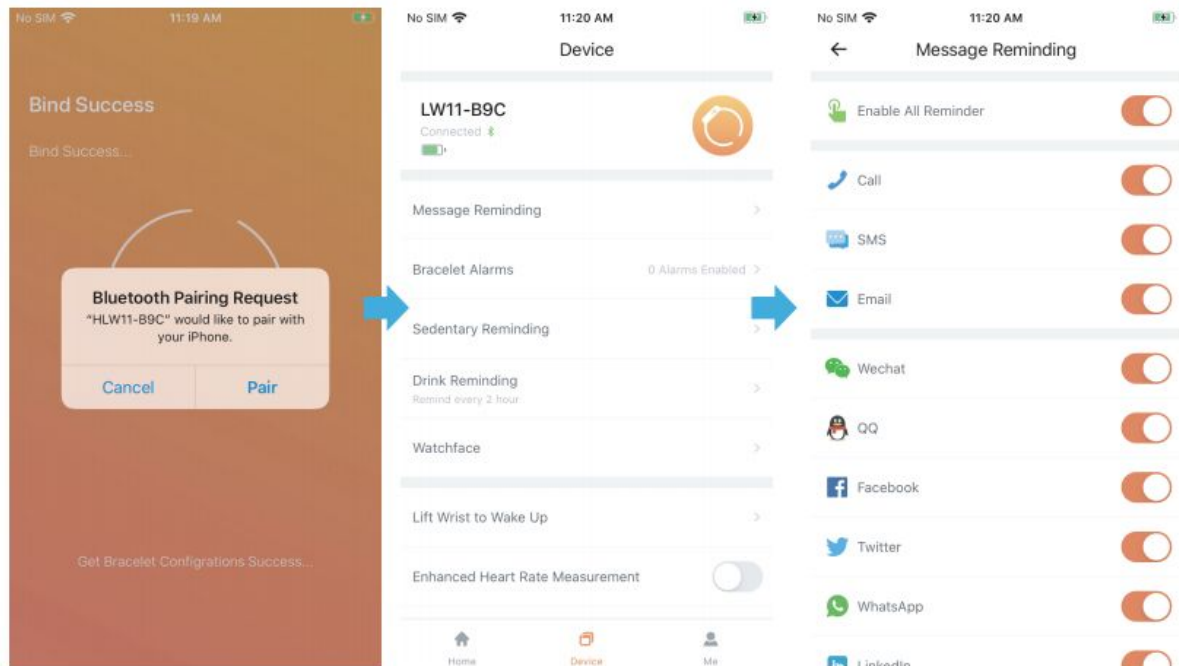




To set notification reminders on an Android phone do the following: on the Device Interface go to Message Reminder, open Notification Permission, open One-Click Reminder



To set notification reminders on an iOS phone do the following: During the process of binding the device, a system pop-up will appear and click Pairing, go to Message Reminder, open Notification Permission, open One-Click Reminder.



## Smartwatch operation

**Exercise data:** click the data icon to enter the Exercise Data interface to view the daily steps, distance traveled and calories burned.

**Information:** After the watch is connected to your phone, the newly popped-up information will be pushed to the watch. The smartwatch can save up to 15 unread messages.

**Weather:** After the watch is connected to the phone, the weather will be automatically synchronized.

**Health monitoring:** You can measure heart-rate, blood pressure, and blood oxygen. The measurement lasts about 30-60 seconds. You can also monitor your sleep. All the data will be synchronized with the app on your phone.

**Sport mode:** here you can select various sports modes, like walking, running, mountain climbing, cycling, basketball, yoga, elliptical machine.

**Stopwatch:** Tap Play to start the countdown, tap again to pause, and the circular arrow to restore.

**Music:** Open to control the music player on your phone.

**Brightness adjustment:** Option in the Settings to adjust the brightness of the smartwatch.

**Dial switch:** Long-press to switch the dial style. The watch has 4 built-in dials.