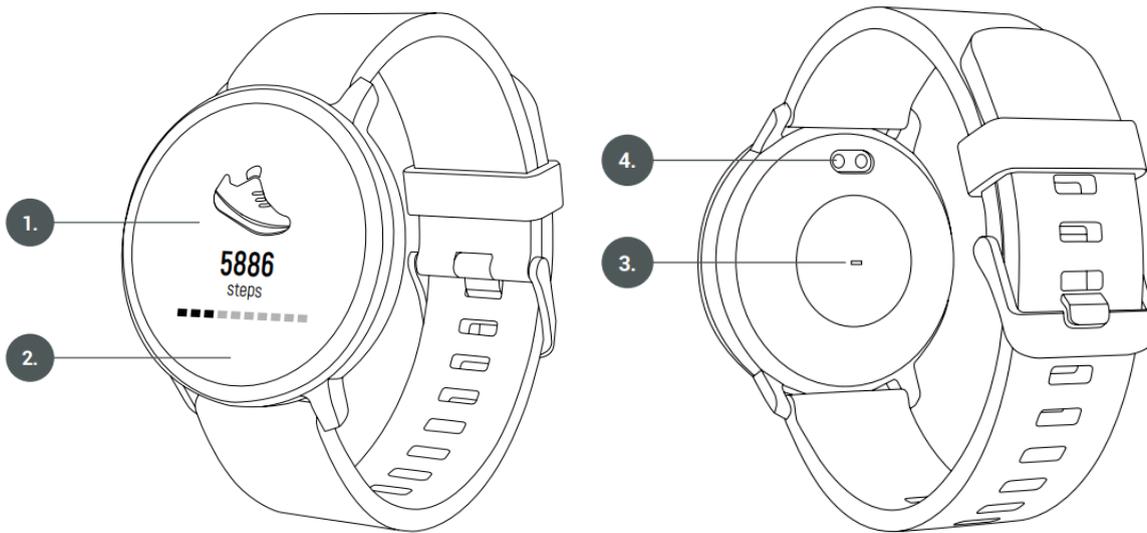


**FOREVER FOREVIVE LITE SB-315 WATERPROOF SMARTWATCH
User Manual**



Product overview



1. Display
2. Touch function button
3. Heart rate sensor
4. Charging port

Specifications

- Display: 1.3" 240x240 px
- Standby time: up to 10 days
- Waterproof rating: IP67
- Battery: 155 mAh
- Weight: 57 g
- Band length: 250 mm
- Bluetooth: 5.0
- Supported OS: Android 5.1 and newer, iOS 10.0 and newer

Charging the battery

To charge the device, place it in the included charging bracket. Ensure that the device's charging connector and holder are in contact with each other. Then close the bracket cover and connect the USB cable to the power source. Once properly connected, a charging animation will appear on the screen.

Installing the “Forever Smart” application

Find the “Forever Smart” application in Google Play or App Store. You can also scan the QR code below. Then install the app on your phone



Connecting the smartwatch with your phone

1. Activate Bluetooth in your phone
2. Launch the “Forever Smart” app on your smartphone, then enter your details – such as name, gender, date of birth, weight, height – in the user profile menu and click “Save”
3. Select the smartwatch model you want to connect to
4. Refresh the list of Bluetooth devices, then select the name of your device and wait for the connection to be established

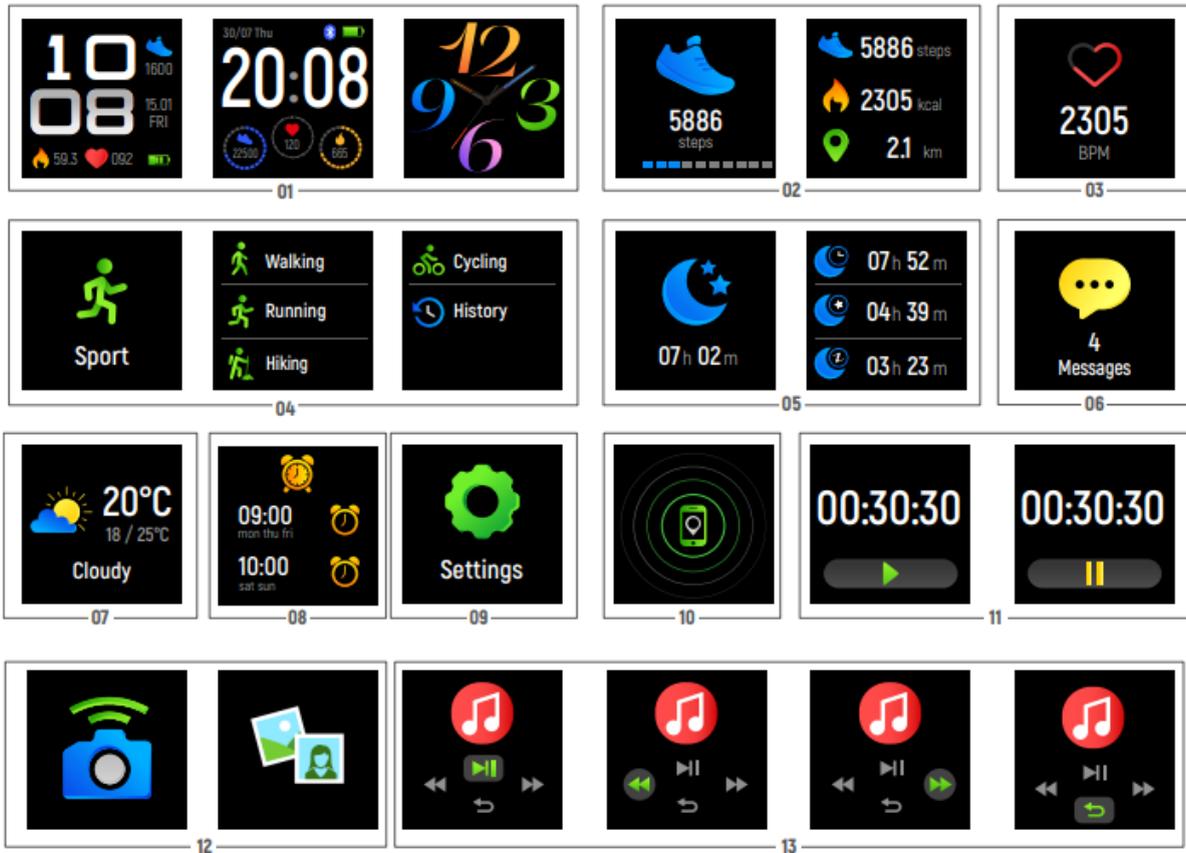
Disconnecting the device from your smartphone

1. Open the “Forever Smart” app on your smartphone
2. Press “Disconnect Smartwatch” in the “Settings” menu, then press “OK”
3. For iOS devices: to disconnect the smartwatch from your phone, click “Disconnect Device” in the “Settings” menu of the “Forever Smart” app, then go to your smartphone’s Bluetooth settings and select “Forget this device”

Operating the device

- Turning on: Press and hold the function button for 3 seconds
- Illuminating the screen: press the function button or move your wrist
- Viewing the functions: Press the function button to switch between particular functions
- Confirmation: hold down the function button to confirm the function selection

Smartwatch functions



Watch dial interface (01)

After connecting the device to the “Forever Smart” app, the watch dial will display the current time and date. To choose a different watch dial, hold down the “Function” button on the current dial screen. The dial will change – repeat the step until you obtain the desired watch dial.

Activity measurement (02)

The device automatically gathers your daily activity data. Press the “Function” button to move between screens showing the number of steps, distance travelled and calories burnt.

Heart rate measurement (03)

To start measuring your heart rate, go to the heart rate measurement screen. Hold down the function button and the device will start measuring and display the result. Once the data is synced to your phone, you can check your measurement history in the app.

Sport mode (04)

Go to the “Sport” screen, then hold down the “Function” button to view the sport modes. The device has four modes: Walking, Running, Hiking, Cycling. You can select the mode of interest by holding down the function button and start your workout. The device will start recording data. The data is displayed on the screen during your workout.

Once your workout is complete, hold down the “Function” button to finish the data measurement and save the result. Press the “Function” button to see the collected data. If the workout time is less than 5 minutes, the data will not be saved. If the workout time is less than 5 minutes, the data won’t be saved.

Sleep monitoring (05)

Put the device on your wrist during the night (between 9 pm and 9 am). In the morning, the total number of hours slept will be displayed on the “Sleep” screen. If your device is connected to a smartphone, you can check detailed sleep data in the app.

Notifications/messages (06)

The device displays the number of unread notifications on the “Messages” screen. Hold down the function button to read messages or check notifications.

Weather (07)

If the device is connected to the “Forever Smart” application via Bluetooth, it will display the current weather forecast. It is recommended to set the location manually, but you can also let the “Forever Smart” app do it automatically.

Reminders (08)

Go to the “Reminders” screen, then hold down the “Function” button. Your device will display the reminders you have set in the app. When the reminder time comes, the device will vibrate.

More (09)

Go to the “More” screen and hold down the function button. The following functions will be displayed: “Find Phone”, “Stopwatch”, “Inactivity Reminder”, “Remote Camera”, “Music Control”, “About”, “Reset”, “Restart”, “Dial Switching”, “Power off”.

Find phone (10)

If the smartwatch is connected to the “Forever Smart” app, hold down the “Function” button on the “Find Phone” function. Your phone will sound so you can find it.

Stopwatch (11)

To start the function, hold down the “Function” button on the “Stopwatch” function. The device will start measuring time. To stop/resume the measurement also press the function button.

Camera remote (12)

After connecting the app to your device, select the Self-timer function. To take a picture, hold down the “Function” button.

Note: the application must be open and the phone screen must be active before the function can be activated.

Music (13)

Open a music app on your smartphone. Then select a function on your device by holding down the button on the “Music” icon. You can now control your music with the following commands: previous song, next song, pause/resume.

About

Hold down the “Function” button on the “About” icon to display information: Bluetooth name, MAC address, software version.

Reset

Hold down the function button on the “Reset” icon to restore the device to factory settings.

Dial switching

To activate the function select the “Dial switching” icon. Press the “Function” button to browse the available dials and hold it down to confirm your selection.

Restart

Hold down the function button on the “Restart” icon to restart the device.

Power off

To switch off the device, hold down the “Function” button on the device’s “Power off” icon.

Inactivity reminder

To enable/disable the “Inactivity Reminder” function, hold down the “Function” button.

Hydration reminder

Enable the Hydration reminder function in the “Forever Smart” app on your phone (you can find it in “Advanced Settings”). You can choose the time interval and frequency of reminders.

Reminders

You can set reminders in the “Forever Smart” app. When adding a new reminder, select its type, frequency (day of the week) and time. The smartwatch will let you know when it’s time for an alarm.

Activate the display with a wrist movement

Using the “Forever Smart” application in the advanced settings, you can enable/disable the function of activating the display with a wrist movement. This function allows you to wake up the display by raising your hand.