

User Manual for Lemonda Smart K21 Waterproof Smartwatch with Heart Rate



Specifications

- Model: K21
- Display: 1.3" touch color screen, 240 x 240
- Battery capacity: 230mAh
- Bluetooth Version 5.0
- Use time: up to 10 days
- Charging time: up to 2.5h
- Charging method: magnetic charging
- Standby time: up to 30 days
- Waterproof rating: IP67
- Strap material: silicone
- Watch strap size: 20mm
- Weight: 38g
- System compatibility: Android 4.4 and above, iOS 8.0 and above
- Supporting languages: English, Chinese, Traditional Chinese, Japanese, French, German, Italian, Spanish, Russian, Portuguese, Malaysian, Polish

Download the app and pairing

Long press the side button to turn on the smartwatch. Scan the QR code below to install the F Fit app or download it from the App Store or Play Store.



App Store



Google Play Store



App Page

The app is compatible with Android 4.4 or newer and iOS 8.2 or newer system.

Once you download and install the F Fit app, open it to bind the wearable device. First, enable Bluetooth on your phone and then open the F Fit app and tap "Add a device to bind".

Lemonda Smart K21 functions:

- Time Interface:
 - a) Power on: Long press side key to turn on
 - b) Power off: Long press side key to power off
- Switch the dial: Slide down the screen from the main interface enter into settings, click "Theme" to switch different display.
- Sports Data (record "today" steps, calories, mileage)
- Heart rate monitor
- Blood pressure monitor
- Blood oxygen monitor
- Temperature monitor
- Multi-sports: Running, Climbing, Walking, Riding, Football, Basketball, Pingpong, Badminton (long press side key to exit sport mode)
- Sleep monitor (Sleep monitor period from 21:30 PM to 12:00 AM)
- Notifications push (Turn on app notifications on social apps like Facebook, Twitter, Skype, etc.)
- Stopwatch
- Countdown
- Setting
 - a) switch display you like
 - b) Screen off: choose the screen-on time
 - c) System: Reset, About, Shut down
- Screen brightness
- Don't disturb
- Find my phone

The F Fit App functions:

- Show the testing data (Daily activities, sleep monitor data, Heart rate, Blood pressure, Motion)
- Device:
 - a) Dial center: switch the display and define the dial
 - b) Message Notification Push (Turn on app notifications for social apps like Facebook, Twitter, Skype, etc.)
 - c) Reminder settings: Sedentary reminder, Drinking water reminder, Alarm reminder, Medication reminder, Meeting reminder
 - d) Continuous HR monitoring: Automatic HR measure every 5 minutes after opening
 - e) Raise your wrist to light up the screen
 - f) GoogleFit: Turn it on to sync data to GoogleFit
 - g) Find device
 - h) Take a photo: take a quick photo by shaking your watch
 - i) More settings