User manual for Waterproof Bluetooth Fitness Activity Tracker KH20

Specifications

- Bluetooth version: BLE 5.0
- Display size: 0.96"
- Resolution: 80x160
- Battery capacity: 200mAh
- Working and standby time: 10-15 days
- Waterproof certification: IP67
- Dimensions: 19.7x12.5x70x224mm
- System compatibility: Android 4.4 or above; iOS 9.3 or above
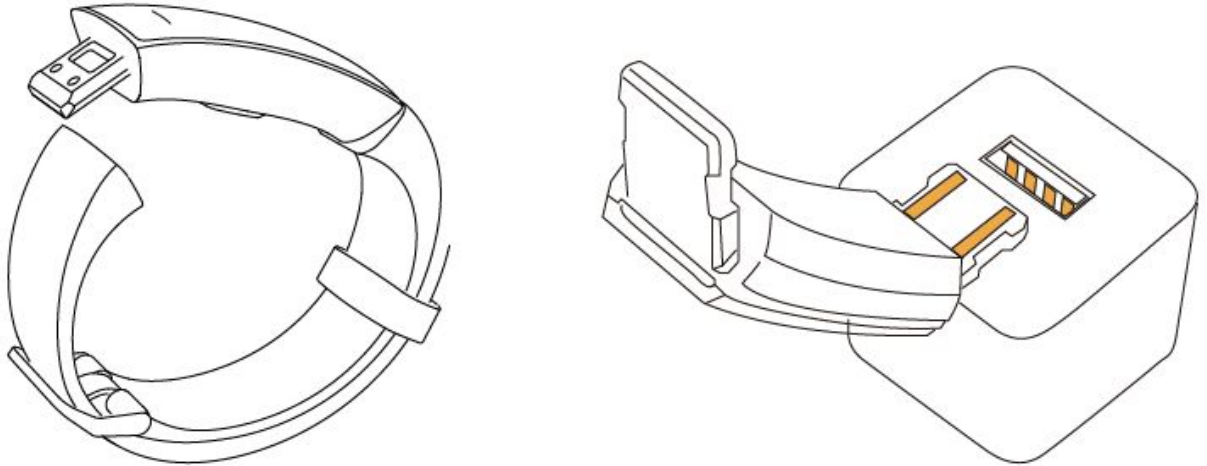- Weight: 25g

1. Color Display
2. Heart rate IC
3. Touch key*
4. TPU strap

*Touch key: Single click to switch the interface or option; press and hold to enter the selected function or turn on the activity tracker.

Charging the activity tracker

Remove the strap carefully and connect the USB plug to a computer or a power adapter (not included in the package).

To guarantee the security and reliability of the device, it must be connected to a power source with the following specifications:
- *Input: 100-240V, 50Hz-60Hz, 0.25A*
- *Output: 5V, 2A*

It's not recommended to connect the activity tracker to a different power adapter specifications because the tracker might get damage.

Download the required App

Search for the KeepHealth app in Google Play or the App Store, or scan the QR code below. The App requires Android 4.4 or newer and iOS 9.3 or newer versions. Please allow the required App's permissions otherwise, some functions can't be used (for example incoming calls and other message notifications).

Pair with your smartphone

Before pairing, you must enable the Bluetooth on your phone. Pairing must be done in the App and not through the phone settings.

For pairing, please make sure to place the activity tracker near your phone, find the "Binding device" in the App and it will enter the Bluetooth search page. Find the correct tracker, tap the name, and select "Pair".
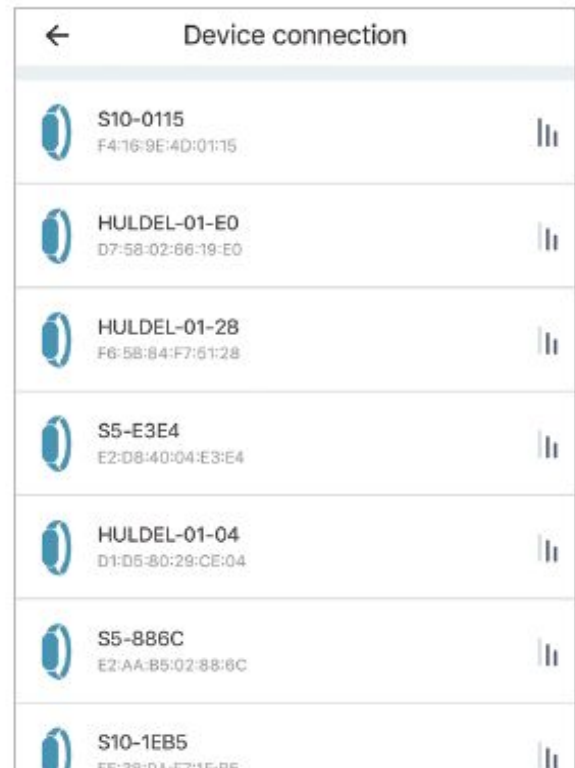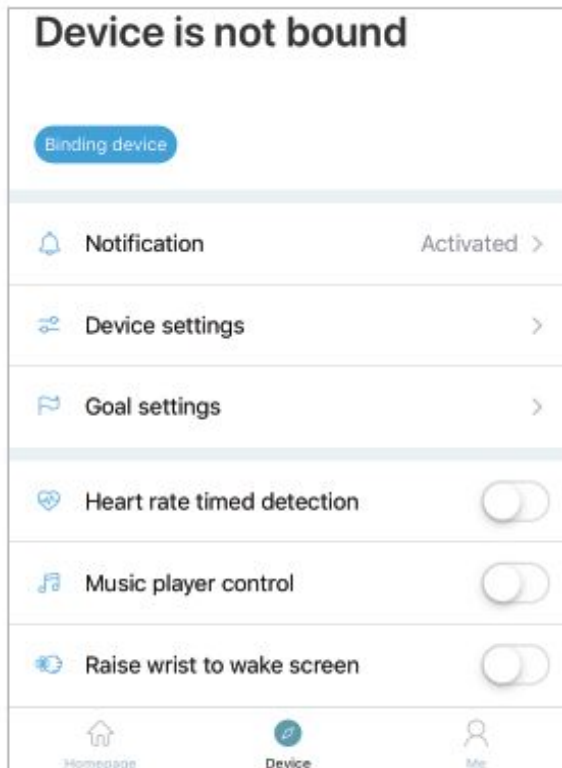
Tip: to avoid signal interference, remove other Bluetooth devices near the activity tracker.

To unbind the tracker from the app you have to do the following:
- For Android phone: enter the app and tap "Unbind the device". Then tap "Yes" on the pop-up window to confirm the unbinding.
- For iOS phone: first disconnect using the steps above for Android device, then go to iPhone Settings -> Bluetooth -> Forget this device.
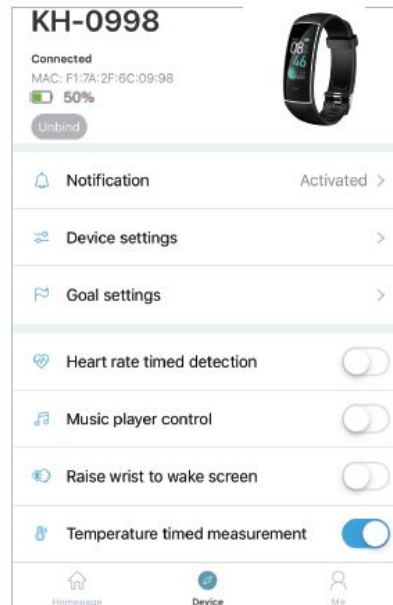
Notifications

You can allow notifications, incoming calls, SMS, sedentary reminders, and alarms in the KeepHealth App. To use reminder and notification you have to allow permissions to the app. If they won't work, please re-install the KeepHealth app and agree to all the authorizations.